

## CURRICULUM VITAE



### **Prof. Dr. Sakinah Binti Harith** **Professor**

Fakulti Sains Kesihatan, Kampus Gong Badak, Universiti Sultan Zainal Abidin, Terengganu Darul Iman.

#### **Personal Information**

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<b>Email :</b>	sakinahharith@unisza.edu.my
<b>Gender :</b>	Perempuan
<b>D.O.B :</b>	24-11-1972
<b>Age :</b>	47
<b>Race :</b>	Melayu
<b>Religion :</b>	Islam
<b>Qualification :</b>	Doctor of Philosophy (dietetic), <i>Universiti Kebangsaan Malaysia, Bangi</i> , 2006.  Ijazah Sarjana Sains (biokimia), <i>Universiti Kebangsaan Malaysia, Bangi</i> , 2002.  Ijazah Sarjana Muda Sains (dietetik) Dengan Kepujian, <i>Universiti Kebangsaan Malaysia, Bangi</i> , 1996.  Sijil Pelajaran Malaysia, <i>Sekolah Menengah Bantuan Penuh Kerajaan</i> , 1989.
<b>H-Index :</b>	[Scopus: 4][Google Scholar: 8]

#### **Area of Research**

Clinical Nutrition, Geriatrics Nutrition

#### **Work Experience**

1. 16 November 1998 – 13 February 2000  
Dietitian U41, Hospital Tengku Ampuan Rahimah, Klang, Selangor
2. 14 February 2000 – 12 May 2002  
Dietitian U41, Hospital Bahagia, Ulu Kinta Perak
3. 6 July 2006 – 2 October 2016  
Lecturer, School of Health Sciences, Universiti Sains Malaysia

### ***Administrative Responsibility***

1. Dekan, Fakulti Sains Kesihatan, 16 Dec 2016 - 30 Nov 2018.

## **Teaching**

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1. NDD40703 - Dietetic Clinical Rotation 5 (oncology), SEM II 2018/2019,
2. NDD31304 - Nutrition Education and Promotion for Patients, SEM I 2018/2019,
3. HFS4653 - Dietetic Clinical Rotation 6, SEM II 2017/2018,
4. NDD21502 - Nutrition Counselling Skills, SEM II 2017/2018,

## **Training**

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## **Conferences Attended**

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1. 7TH ASIAN CONGRESS OF DIETETICS, THE HONG KONG POLYTECHNIC UNIVERSITY, HONG KONG (06 Jul 2018 - 08 Jul 2018)

## **Publication**

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### ***Journal Article***

1. Parent-report Instruments for Assessing Feeding Difficulties in Children With Neurological Impairments: A Systematic Review (2019), *Developmental Medicine And Child Neurology*, pp. 135-144, ISSN: 00121622 [*Indexed by: ISI/Q1 - Main Author*]

2. Factors Associated With Post-stroke Nutritional Status in Stroke Survivors Under Rehabilitation (2019), Indian Journal of Public Health Research And Development, pp. 752-758, ISSN: 09760245 [*Indexed by: Scopus - Main Author*]
3. Identification of Dietary Patterns Associated With Characteristics of Successful Aging (2019), Malaysian Journal of Nutrition, pp. 47-58, ISSN: 1394035X [*Indexed by: Scopus - Main Author*]
4. Case-control Retrospective Study on Cardiovascular Disease Risk And Quality of Life Among Malay Adults (2019), Malaysian Applied Biology, pp. 43-53, ISSN: 01268643 [*Indexed by: Other Index - Main Author*]
5. Influence of Avocado Purée As A Fat Replacer on Nutritional, Fatty Acid, And Organoleptic Properties of Low-fat Muffins (2018), Journal of The American College of Nutrition, pp. 583-588, ISSN: 07315724 [*Indexed by: ISIQ3 - Main Author*]
6. Proximate Composition, Short And Medium-chain Fatty Acids of Selected Powdered Goats Milk (2018), Malaysian Journal of Nutrition, pp. 281-286, ISSN: 1394-035X [*Indexed by: Scopus - Main Author*]
7. Prevalence, Risk Factors And Secondary Prevention of Stroke Recurrence in Eight Countries from South, East And Southeast Asia: A Scoping Review (2018), Medical Journal of Malaysia, pp. 90-99, ISSN: 03005283 [*Indexed by: Scopus - Main Author*]
8. Physical Activity Level Among Undergraduate Students in Terengganu, Malaysia Using Pedometer (2018), Journal of Fundamental And Applied Sciences, pp. 512-522, ISSN: 1112-9867 [*Indexed by: Other Index - Co-author*]
9. Nutritional Status And Health Profile Among Single Mothers in Kota Bharu, Kelantan (2018), Journal of Fundamental And Applied Sciences, pp. 453-466, ISSN: 1112-9867 [*Indexed by: Other Index - Main Author*]
10. Parent?report Instruments for Assessing Feeding Difficulties in Children With Neurological Impairments: A Systematic Review (2018), Developmental Medicine And Child Neurology, pp. 1-10, ISSN: 1469-8749 [*Indexed by: Other Index - Main Author*]
11. Prevalence And Risk Factors Associated With Malnutrition Among Children With Learning Disabilities: A Scoping Review (2017), Malaysian Journal of Nutrition, pp. 65-80, ISSN: 1394035X [*Indexed by: Scopus - Main Author*]
12. Coping With Stress: Evaluation on Metabolic Syndrome Patients in Hospital Universiti Sains Malaysia (2017), International Medical Journal, pp. 27-30, ISSN: 13412051 [*Indexed by: Scopus - Co-author*]
13. Relationship of Socio-demographic Characteristics, Nutritional Status, And Red Meat Intake To Blood Cholesterol Level Among Staff in Universiti Sains Malaysia (2017), Malaysian Journal of Public Health Medicine, pp. 1-10, ISSN: 16750306 [*Indexed by: Scopus - Main Author*]
14. Quality Coding of Malnutrition Under The Casemix System in Hospital Universiti Sains Malaysia (2017), Malaysian Journal of Nutrition, pp. 385-396, ISSN: 1394-035X [*Indexed by: Scopus - Main Author*]
15. Translation of Teamwork Survey Questionnaire (tsq) for Malaysian Public Healthcare Services: Process And Findings (2017), Research Journal of Pharmacy And Technology, pp. 40-41, ISSN: 0974-3618 [*Indexed by: Other Index - Main Author*]
16. Relationship of Socio-demographic Characteristics, Nutritional Status And Red Meat Intake To Blood Cholesterol Level Among Staff in Universiti Sains Malaysia (2017), Malaysian Journal of Public Health Medicine., pp. 1-10, ISSN: 1675-0306 [*Indexed by: Other Index - Main Author*]
17. Translation And Validation of The Healthcare Teamwork Survey Questionnaire: Study Design for The Malaysian Context (2017), International Journal of Public Health And Clinical

- Sciences, pp. 155-166, ISSN: 2289-7577 [*Indexed by: Other Index - Main Author*]
18. Characteristics of Stroke Survivors in Rehabilitation Health Organization, Kuala Nerus, Terengganu: A Retrospective Study (2017), Research Journal of Pharmacy And Technology, pp. 21-22, ISSN: 0974-3618 [*Indexed by: Other Index - Co-author*]
  19. Health Profile of Osteoarthritis Malay Patients in Rehabilitation Health Organization, Kuala Nerus, Terengganu (2017), Research Journal of Pharmacy And Technology, pp. 31-32, ISSN: 0974-3618 [*Indexed by: Other Index - Main Author*]
  20. Determination of Calf Circumference Cut-off Values for Malaysian Elderly And Its Predictive Value in Assessing Risk of Malnutrition (2016), Malaysian Journal of Nutrition, pp. 375-387, ISSN: 1394-035X [*Indexed by: Scopus - Main Author*]
  21. How Metabolic Syndrome Patients Cope With Stress; A Qualitative Study (2015), The Malaysian Journal of Nursing, pp. 24-31, ISSN: 2231-7007 [*Indexed by: Other Index - Co-author*]

## Book

1. Clinical Dietetics Handbook And Formulary (2017), FAKULTI SAINS KESIHATAN, ISBN: 978-967-13705-9-9 - **Main Author**
2. Resepi Sihat Warisan Terengganu: Kuih Tradisional (2017), FSK UniSZA, ISBN: ISBN 978-967-13705-5-1 - **Co-author**

## Conference Proceedings

1. Health Profiles And Nutritional Status of Communityliving Stroke Survivors Attending Rehabilitation Health Organization in Kuala Nerus, Terengganu, Malaysia (2018), The 7th Asian Congress of Dietetics, The Rise of Nutrition And Dietetics in Asia, The Hong Kong Polytechnic University - **Main Author**
2. Determination of Physical Activity Level in Undergraduate Unisza Students Using Pedometer And Ipaq (2017), International Conference on Environmental, Sports & Recreation And Technology & Applications for Disaster Management International Conference 2017 (icesr & Tadmic 2017), 1m4u Survival Camp, Merang, Setiu, Terengganu, Malaysia. - **Co-author**
3. Challenges And Opportunities of Public Health Nutrition in Achieving Sustainable Development Goals (2017), Seminar Nasional: Tantangan Tenaga Kesehatan Dalam Mencapai Sdgs, Universitas Teuku Umar, Meulaboh, Aceh - **Main Author**
4. Nutritional Status And Health Profile Among Single Mothers in Malaysia (2017), Summer Conference 2017, King's College London - **Main Author**
5. Nutritional Status And Health Profile Among Single Mothers in Malaysia (2017), Summer Conference 2017, King's College London - **Main Author**
6. Stress And Coping Strategies Among Metabolic Syndrome Patients (2015), International Conference on Biomedical & Health Sciences Research 2015, The Everly Hotel, Putrajaya - **Main Author**

## Research Grant

## ***Principal Investigator***

1. Helath Awareness And Intervention Project 2019, Geran Agensi Luar, Corporate (2019), **Grant Value: RM17,720**
2. Factors Associated With Stroke Recurrence And The Development of A Module on Diet & Lifestyle, Geran Dalam Universiti, University (2017), **Grant Value: RM60,000**
3. Mengenalpasti Dan Mengaplikasikan Atribut Graduan Dietetik Dalam Menghadapi Revolusi Industri 4.0, Geran Agensi Luar, Government (2017), **Grant Value: RM60,000**

## ***Co-Researcher***

1. Protective Activity of Goat Milk: Delineating Machanism of Action Against Cancerous Cell Line, Geran Dalam Universiti, University (2019), Grant Value: **RM30,000**
2. A Randomized Controlled Trial To Evaluate The Effectiveness of Goat Milk Consumption As Compared To Cow Milk on Nutritional Status Among Pediatric With Cerebral Palsy (cp) in Kelantan, Geran Agensi Luar, External - Government (2017), Grant Value: **RM162,528**
3. Web-based Interactive Dietary Assessment Tool for A Multi-ethnic Population in Malaysia, Geran Dalam Universiti, University (2017), Grant Value: **RM20,000**
4. Development of A Nutritional Module Based on Genetic Profile for Children With Neurodevelopmental Disabilities (cwnd) Attending Community-based Rehabilitation Centres in Terengganu, Geran Dalam Universiti, University (2017), Grant Value: **RM20,000**
5. A Randomized Controlled Trial To Evaluate The Effectiveness of Goat Milk on Nutritional Status Among Children With Cerebral Palsy (cp) in Community-based Rehabilitation Centres, Kelantan, Geran Agensi Luar, External - Government (2015), Grant Value: **RM162,528**
6. A Study of Cronic Constipation Among The Elderly And The Effect of Bowel Health Module, Geran Agensi Luar, External - Government (2015), Grant Value: **RM139,797**

## **Postgraduate Student**

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### ***Main Supervision***

1. [PhD ] Kuni Andi Tajuddin Andi, Indonesia, - ***Ongoing***
2. [PhD ] Taureng Hasnah, Indonesia, - ***Ongoing***
3. [PhD ] Wong Hui Jie, Malaysia, - ***Ongoing***
4. [PhD ] Ong Ying Qian, Malaysia, - ***Ongoing***
5. [MASTER] Nur Aimi Asyrani Binti Zamri, Malaysia, - ***Ongoing***
6. [MASTER] Chin Yi Ying, Malaysia, - ***Ongoing***
7. [MASTER] Wan Ain Nadirah Binti Che Wan Mansor, Malaysia, - ***Ongoing***

### ***Co Supervision***

1. [PhD ] Lestari Lilla Puji, Indonesia, - ***Ongoing***
2. [PhD ] Karimah Fakhriah Bt. Ismail, Malaysia, - ***Ongoing***

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## Awards

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1. Silver Medal ITEX 2019 (2019), Steav-up: A Bio-sweetener To Improve Insulin Sensitivity And Recommended Intake, ITEX 2019 - **Leader**
2. Gold MEDAL Mp 2018 (2018), Wediet, MINGGU PENYELIDIKAN DAN INOVASI 2018 - **Leader**
3. Bronze MEDAL ITEX 2018 (2018), Wediet: An Application for Diet Related Diseases And Weight Loss Coach, ITEX 2018 - **Leader**

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## Intellectual Property

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1. Steav-up: A Bio-sweetener To Improve Insulin Sensitivity And Recommended Intake (ly2019001967) (2019), Copyright - **Owner**
2. Wediet: An Application for Diet Related Disease And Weight Loss Coach (2018), Copyright - **Owner**

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## Professional Membership

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1. Committee, Task Force for Dietetics Education , 2017-2018
2. Member, Members of Persatuan Dietitian Malaysia, 2017-2018
3. Reviewer, Paper Reviewer for Special Issue in BMC Journal in Public Health - 'Factors associated with Motoric Cognitive Risk syndrome among low-income older adults in Malaysia', 2018-2018
4. External Assessor, ASSESSOR FOR FULL ACCREDITATION OF BACHELOR OF DIETETIS, UIA, 2018-2018
5. Reviewer, EXTERNAL REVIEWER FOR BMC WOMEN'S HEALTH SUPPLEMENT JOURNAL, 2018-2018
6. External Assessor, AHLI PANEL PENILAI MQA, 2018-2018
7. Others, SEBAGAI PEMBENTANG DI MESYUARAT TEKNIKAL PROFESION PEGAWAI DIETETIK , 2018-2018
8. Speaker/Trainer, PENCERAMAH UNTUK CDE BAGI PERKHIDMATAN DIETETIK DAN SAJIAN NEGERI TERENGGANU , 2018-2018
9. Reviewer, REVIEWER FOR MALAYSIAN JOURNAL OF NUTRITION, 2018-2018
10. Reviewer, Paper Reviewer for Special Issue in BMC Journal in Public Health - 'Diet Optimization Using Linear Programming to Develop Low Cost Cancer Prevention Food Plan for Selected Adults in Kuala Lumpur, Malaysia', 2018-2018
11. Keynote Speaker, Keynote Speaker at Faculty of Public Health, University Teuku Umar, Indonesia, 2017-2017
12. Consultancy/Perundingan, Ahli Mesyuarat Kumpulan Kerja Kecil Garis Panduan Pemakanan Warga Emas, 2017-2017
13. Speaker/Trainer, Penceramah di Kursus What's Trending in Nutrition Today Anjuran Perkhidmatan Dietetik dan Sajian Negeri Selangior, 2017-2017

14. Member, Members of The Nutrition Society, 2017-2017
15. Member, Malaysian Dietitians' Association, 2014-2017
16. Others, Penyelia Bersama di Universiti Sains Malaysia, 2017-2017

## Academic Ecosystem

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1. Expert/Pakar Rujuk, Panel Penilai MQA (Dietetik, Pemakanan Klinikal dan Pemakanan Geriatrik), 2019-2022
2. Reviewer, External Reviewer for BMC Nutrition Supplement Journal, 2019-2019
3. Examiner, Pemeriksa Luar VIVA / UKM, 2019-2019
4. Guest Speaker, Invited Speaker - 1st RMUTT Food Innovation and Smart Farm International Conference, Thailand, 2019-2019
5. Committee, AJK Program Health Promotion 2019, 2019-2019
6. External Assessor, Panel Penilai Malaysian Qualification Agency, 2016-2019
7. Examiner, Pemeriksa Luar Tesis Master (Norfarhana Anuar) / UPM, 2018-2018
8. Committee, AJK PENAPIS KENAIKAN PANGKAT PUSAT PENGAJIAN SAINS DAN TEKNOLOGI MAKANAN, UMT, 2018-2018
9. Examiner, PEMERIKSA LUAR TESIS (DZAIKUDZEE ROSLI) / UKM, 2018-2018
10. Examiner, PEMERIKSA LUAR PELAJAR PHD (SHADHA ANWAR) / UKM, 2018-2018
11. Advisor, Penasihat Program FSK RUN 2018, 2018-2018
12. Examiner, Pemeriksa Luar Tesis Master (Krystal Ng Lu Shin) / UPM, 2018-2018
13. Guest Speaker, GUEST SPEAKER FOR 5TH INTERNATIONAL CONFERENCE ON HEALTH SCIENCE, INDONESIA, 2018-2018
14. Examiner, PEMERIKSA LUAR TESIS IJAZAH DOKTOR FALSAFAH (Malisanurhidayu Yaacob) / UKM, 2018-2018
15. Examiner, External Examiner for PhD in Public Health (Siti Norrasidah) / Universiti Brunei Darussalam, 2018-2018
16. Others, Guest Lecturer to Poltekkkes Kemenkes, Yogyakarta, 2018-2018
17. Leader/Chairman, REVIEWER OF JOURNAL OF MALAYSIAN PUBLIC HEALTH PHYSICIANS, 2017-2017
18. Speaker/Trainer, Speaker for Symposium International Community and Health Conference, 2017-2017
19. Others, PANEL PENILAI DI MINGGU PENYELIDIKAN DAN INOVASI 2017, 2017-2017
20. Examiner, External examiner for Master student Universiti Putra Malaysia (Fairus Asma Binti Mohd Hamidin), 2016-2016
21. Examiner, External examiner for Master student Universiti Kebangsaan Malaysia (Nurul Jannah Johari), 2016-2016
22. Examiner, External examiner for Master student in Universiti Putra Malaysia (Sabrina Zulkefli), 2016-2016
23. Examiner, External examiner for PhD student Universiti Islam Antarabangsa Malaysia (Wan Fathin Fariza), 2016-2016
24. Examiner, External examiner for PhD student Universiti Kebangsaan Malaysia (Won Hui Loo), 2016-2016
25. Examiner, External examiner for Master of Health Sciences in Public Health, Universiti Brunei Darussalam, 2016-2016
26. External Assessor, Assessor for Dietetics Program in Malaysian Qualification Agency, 2016-

2016

27. Examiner, External examiner for Master student in Universiti Putra Malaysia, 2016-2016
28. Committee, Jawatankuasa Penilai Peperiksaan Kelayakan PhD, 2016-2016
29. Reviewer, Reviewer manuscript- 006/2016, Sains Malaysiana, Universiti Kebangsaan Malaysia, 2016-2016
30. Reviewer, Reviewer manuscript- 013/2016, Sains Malaysiana, Universiti Kebangsaan Malaysia, 2016-2016
31. Examiner, External Examiner for PhD Viva in Islamic University of Malaysia, 2016-2016

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