

CURRICULUM VITAE

Dr. Abbe Maleyki Bin Mhd. Jalil

Senior Lecturer

Fakulti Sains Kesihatan, Kampus Gong Badak, Universiti Sultan Zainal Abidin, Terengganu Darul Iman.

Personal Information

Email :	abbemaleyki@unisza.edu.my
Gender :	Male
D.O.B :	16 January 1984
Age :	37
Race :	Malay
Religion :	Islam
Current Scheme:	DS52
Started in UniSZA:	02 August 2009
Qualification :	Clinical Nutrition, <i>University Of Glasgow</i> , 2017. Sarjana Sains Pemakanan, <i>Universiti Putra Malaysia</i> , 2009. Sarjana Muda Pemakanan & Kesihatan Komuniti, <i>Universiti Putra Malaysia</i> , 2006. Sijil Pelajaran Malaysia, <i>Sekolah Menengah Bantuan Penuh Kerajaan</i> , 2001.
H-Index :	[Scopus: 10][Google Scholar: 12]

Area of Research

Dietary Fibre, (poly)phenols, functional foods, satiety and sports nutrition

Work Experience

Research Assistant (RA), Department of Nutrition and Dietetics, UPM 2005-2006

Administrative Responsibility

1. Timbalan Dekan (penyelidikan dan Pembangunan), Fakulti Sains Kesihatan, 16 Oct 2017 - 15 Apr 2019.

2. Timbalan Dekan (penyelidikan & Pembangunan), Fakulti Sains Kesihatan, 16 Apr 2019 - 15 Apr 2020.

Teaching

1. NDN30502 - Scientific Communication, SEM I 2019/2020,
2. NDD31102 - Seminar in Dietetics, SEM II 2018/2019,
3. NDN30203 - Advances Nutritional Biochemistry and Metoblism, SEM I 2018/2019,
4. NDD30503 - Nutrition for Sports and Exercise, SEM II 2017/2018,
5. NDN20202 - Fitness and Health, SEM I 2017/2018,
6. NDD10603 - Nutrition Throughout The Life Cycle, SEM II 2016/2017,
7. NDD10803 - Food Analysis, SEM II 2016/2017,
8. NDN10402 - Nutritional Biochemistry and Metabolism, SEM II 2016/2017,
9. HFS3063 - Epidemiology and Community Health, SEM II 2011/2012,
10. HFS3183 - Developmental Psychology, SEM II 2011/2012,
11. HFS3203 - Principles of Food Preparation, SEM II 2011/2012,
12. HFS3283 - Biostatistics, SEM II 2011/2012,
13. HFS3223 - Basic Biochemistry and Metabolism, SEM I 2011/2012,
14. HFS3103 - Metabolisme Biochemistry, SEM II 2010/2011,
15. HFS3122 - Clinical Biochemistry, SEM II 2010/2011,
16. HFS3053 - Basic Biochemistry, SEM I 2010/2011,

Training

1. Good Clinical Practise, 10 Apr 2018 - 12 Apr 2018, Hospital Sultanah Nur Zahirah
2. Performance Enhancing Strategies for Endurance Activity, 12 Feb 2017 - 12 Feb 2017, lecture hall a, sports centre universiti malaya
3. Akept Leading The Way: Getting Real 2019, 15 Aug 2019 - 15 Aug 2019, Akademi Kepimpinan Tinggi KPM.
4. Akept Higher Education Leadership (ahead) Seminar 2019 Series 1 Tema : Entrepreneurial Minds for Higher Education Leadership Excellence, 10 Jul 2019 - 10 Jul 2019, Akademi Kepimpinan Tinggi KPM.

Publication

Journal Article

1. Association Between Sugar-Sweetened Beverage Consumption and Body Mass Index Among University Students in Kuala Nerus, Terengganu, Malaysia (2020), Malaysian Journal

- of Public Health Medicine, pp. 19-26, ISSN: 1675-0306 [*Indexed by: Scopus - Co-author*]
2. Glycaemic Index, Palatability and Acceptability of Energy Drinks Prepared with β -Glucan and Whey Protein (2020), Food Research, pp. 421-430, ISSN: 2550-2166 [*Indexed by: Scopus - Main Author*]
 3. Combined Effect of Durian (*durio Zibethinus* Murr.) and β -Glucan on Glycaemic Response and Food Intake in Male Rats (2020), Food Research, pp. 2003 - 2010, ISSN: 2550-2166 [*Indexed by: Scopus - Main Author*]
 4. Evaluation of a Voluntary Augmented Reality Nutrition Menu Labelling Application (nutrilabelapps©) Usage in a University Café: a Cross-Sectional Study in Terengganu, Malaysia (2020), Food Research, pp. 2296-2305, ISSN: eISSN: 2550-2166 [*Indexed by: Scopus - Main Author*]
 5. Pedometer-Measured Walking Steps and Levels of Physical Activity: a Study in Kuala Nerus, Terengganu (2020), Malaysian Applied Biology, pp. 157-164, ISSN: 01268643 [*Indexed by: Scopus - Main Author*]
 6. Effect of β -Glucan and Black Tea in a Functional Bread on Short Chain Fatty Acid Production by The Gut Microbiota in a Gut Digestion/fermentation Mode (2019), International Journal of Environmental Research and Public Health, pp. 1-14, ISSN: 16617827 [*Indexed by: ISIQ1 - Main Author*]
 7. Development of Digital Food Photographs as a Tool to Visually Estimate Food Portion Size in Multi-Ethnic Malaysian Adults (2019), Annals of Nutrition and Metabolism, pp. 162-163, ISSN: 0250-6807 [*Indexed by: ISIQ2 - Co-author*]
 8. Bioactive Compounds, Nutritional Value, and Potential Health Benefits of Indigenous Durian (*durio Zibethinus* Murr.): a Review (2019), Foods, pp. 1-18, ISSN: 2304-8158 [*Indexed by: ISIQ2 - Main Author*]
 9. Unravelling The Effects of Soluble Dietary Fibre Supplementation on Energy Intake and Perceived Satiety in Healthy Adults: Evidence from Systematic Review and Meta-Analysis of Randomised-Controlled Trials (2019), Foods, pp. 1-22, ISSN: 2304-8158 [*Indexed by: ISIQ2 - Main Author*]
 10. Glycaemic Index, Palatability, Acceptability and Perceived Satiety of Cookies Prepared with Durian (*durio Zibethinus* Murr.) and β -Glucan (2019), Malaysian Applied Biology, pp. 89-99, ISSN: 01268643 [*Indexed by: Scopus - Main Author*]
 11. Glycemic Index of Starch-Based Foods Commonly Consumed in Terengganu, Malaysia (2019), Malaysian Applied Biology, pp. 129-138, ISSN: 01268643 [*Indexed by: Scopus - Main Author*]
 12. Combined Effects of Added Beta Glucan and Black Tea in Breads on Starch Functionality (2015), International Journal of Food Sciences and Nutrition, pp. 159-165, ISSN: 09637486 [*Indexed by: ISIQ3 - Main Author*]
 13. Implication and Genetic Variations on Lipid Profile of The Fasting Respondent (2013), International Journal of Medical, Pharmaceutical Science and Engineering, pp. , ISSN: [*Indexed by: Other Index - Co-author*]
 14. Implication and Genetic Variations on Lipid Profile of The Fasting Respondent (2013), World Academy of Science, Engineering and Technology, pp. 2534-2536, ISSN: [*Indexed by: Other Index - Co-author*]

Book

1. Khasiat Polifenol Daripada Teh, Kopi dan Koko (2018), Penerbit UniSZA, ISBN: 978-96-2231-02-8 - **Main Author**

Chapter in Book

1. Dark Chocolate Intake and Noncommunicable Diseases, The Diversified Benefits of Cocoa and Chocolate (2018), Nova Science Publishers, Inc., pp. 41-68, ISBN: 978-153613259-5 - **Main Author**

Conference Proceedings

1. Development of Digital Food Photographs as a Tool to Visually Estimate Food Portion Size in Multi-Ethnic Malaysian Adult (2019), Asian Congress of Nutrition, Bali, Indonesia - **Co-author**

Research Grant

Principal Investigator

1. Probiogenic Effects of Functional Breads Prepared with Underutilised Durian (*durio Zibethinus* Murr.) and Beta Glucan on Glucose, Insulin, C-Peptide and Appetite Regulations, Skim Geran Penyelidikan Fundamental - Frgs, Government (2017), **Grant Value: RM140,000**

Co-Researcher

1. A Continue Study: The Effect of Green Banana Flour Incorporated Snack Bar on Nutrient Content, Glycemic Index and Consumers Acceptability, Geran Dalam Universiti, University (2018), Grant Value: **RM20,000**
2. Effects of Energy Bar Prepared with Whey Protein and Beta Glucan on Muscle Protein Synthesis Via Activation of Mammalian Target of Rapamycin Complex 1 (mTORC1) Genes, Geran Dalam Universiti, University (2017), Grant Value: **RM60,000**
3. Web-Based Interactive Dietary Assessment Tool for a Multi-Ethnic Population in Malaysia, Geran Dalam Universiti, University (2017), Grant Value: **RM20,000**
4. The Influences of Adiponectin on Metabolic Health, Body Adiposity and Other Factors Among Children and Adolescents: a Cross-Sectional Study, Geran Dalam Universiti, University (2017), Grant Value: **RM20,000**

Postgraduate Student

Main Supervision

1. [PhD] Lestari Lilla Puji, Indonesia, - **Ongoing**
2. [MASTER] Nur Atirah Binti A Aziz, Malaysia, - **Ongoing**

Awards

1. Silver Medal Mpi 2021 (2021), Unisza Ezcage, Mpi 2021 - **Member**
2. Silver Medal Mpi 2020 (2020), Murrfin, Minggu Penyelidikan dan Inovasi 2020 - **Leader**
3. Gold Medal Mpi 2019 (2019), Steav-Up, Minggu Penyelidikan & Inovasi - **Member**
4. Silver Medal Itex 2019 (2019), Steav-Up: a Bio-Sweetener to Improve Insulin Sensitivity and Recommended Intake, Itex 2019 - **Member**
5. Silver Medal Mpi 2017 (2017), Nutri Bread, Research and Innovation Week 2017 by Education, Science and Technology and The Transformation of State - **Leader**

Intellectual Property

1. Steav-Up: a Bio-Sweetener to Improve Insulin Sensitivity and Recommended Intake (ly2019001967) (2019), Copyright - **Co-owner**

Professional Membership

1. Member, Member - The Nutrition Society (uk), 2020-2021
2. Reviewer, Reviewer of British Journal of Nutrition, 2018-2018
3. Consultancy/perundingan, Ahli Jawatankuasa Persatuan Bina Badan dan Angkat Berat Terengganu, 2017-2017
4. Member, Graduate Membership of The Nutrition Society, 2016-2017

Academic Ecosystem

1. Editor, Editorial Board (reviewer Section) - Cardiovascular & Hematological Agents in Medicinal Chemistry (scopus Index Journal), 2020-2020
2. Expert/pakar Rujuk, Panel Tanyadoktor.com, 2020-2020
3. Expert/pakar Rujuk, Program Bimbingan Pembuatan Mufin Durian Rendah Indeks Glisemik Menggunakan Resipi Sihat Dalam Kalangan Ibu Tunggal Terpilih di Daerah Kuala Terengganu, 2020-2020
4. Reviewer, Reviewer - Cardiovascular & Hematological Agents in Medicinal Chemistry, 2020-2020
5. Speaker/trainer, Narasumber - International Webinar " a New World for Online Learning and Community Services", 2020-2020
6. Reviewer, Reviewer for Journal Gizi and Pangan, 2020-2020
7. Guest Speaker, Speaker for Interprofessional Collaboration for Communicable Diseases Prevention During Covid-19 Pandemic Entitled "nutrition and Immunity During Covid-19"

- Pandemic', 2020-2020
8. Reviewer, Reviewer for Current Research in Nutrition and Food Science (scopus), 2020-2020
 9. Reviewer, Reviewer for British Food Journal (isi Journal), 2020-2020
 10. Reviewer, Reviewer for Food Research International (isi Journal), 2020-2020
 11. Reviewer, Reviewer - Mdpi Journal, 2019-2020
 12. Reviewer, Reviewer for Food Research (scopus Indexed Journal), 2020-2020
 13. Reviewer, Reviewer - Foods, International Journal of Molecular Sciences, Nutrient, 2020-2020
 14. Participant, Sponsored Participant in Nutrition Society Live 2020 (14th to 15th July 2020), 2020-2020
 15. Reviewer, Reviewer for Bioactive Carbohydrate and Dietary Fibre (isi Journal), 2020-2020
 16. Reviewer, Reviewer for International Journal of Molecular Sciences (isi Journal), 2020-2020
 17. Reviewer, Reviewer - BMC Public Health Supplement Journal, 2020-2020
 18. Editor, Guest Editor - Malaysian Applied Biology Journal (mab), Ukm, 2019-2019
 19. Expert/pakar Rujuk, Khidmat Kepakaran - Projek Komuniti "health Awareness & Intervention Project", Laguna Redang Island Resort, 2019-2019
 20. Committee, Aik Program Jalinan Komuniti Medical Imaging & Radiography Student Association (mirsa) Bersama Masyarakat Kampung Landas, Ajil, 2019-2019
 21. Reviewer, Reviewer - Food Research Journal, 2019-2019
 22. Judge/jury/evaluator, Panel Juri Minggu Penyelidikan dan Inovasi 2019 (mpi'19), 2019-2019
 23. Speaker/trainer, Penceramah Mengenai Pemakan Sihat, Pbsnt, 2019-2019
 24. Editor, Editor - Malaysian Journal of Applied Sciences (myjas), Unisza, 2017-2018
 25. Committee, Aik Fsk Run 2018, 2018-2018
 26. Speaker/trainer, Penceramah Kursus Pemandu Yayasan Terengganu, 2017-2017
 27. Speaker/trainer, Speaker for Sports Nutrition Seminar: a Road to Success Sukma 2018, 2017-2017

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