

CURRICULUM VITAE

Dr. Che Suhaili Binti Che Taha Senior Lecturer

Fakulti Sains Kesihatan, Kampus Gong Badak, Universiti Sultan Zainal
Abidin, Terengganu Darul Iman.

Personal Information

Email : chesuhaili@unisza.edu.my
Gender : Female
D.O.B : 08 May 1985
Age : 36
Race : Malay
Religion : Islam
Current Scheme: DS52
Started in UniSZA: 01 February 2009
Qualification : Ijazah Doktor Falsafah Dalam Bidang Nutrition Intervention and Cognitive Function, *Reading University, Reading, Uk*, 2019.

Sarjana Sains Kesihatan, *Universiti Kebangsaan Malaysia, Bangi*, 2010.

Sarjana Muda Dietetik, *Universiti Kebangsaan Malaysia, Bangi*, 2008.

Sijil Pelajaran Malaysia, *Sekolah Menengah Bantuan Penuh Kerajaan*, 2002.

H-Index : [Scopus:][Google Scholar:]

Area of Research

Nutrition and Cognitive Function, Vitamin D study, Community Nutrition.

Work Experience

- Clinical Dietitian, Hospital Az-Zahrah, Bangi (2008-2009)
- Felo Akademik, UniSZA (2009-2011)
- Pensyarah DS45, UNiSZA (2012-2020)
- Pensyarah DS 52, UniSZA (2020 till present)

Teaching

1. NDD40304 - Hospital Food Service Placement, SEM PENDEK 2020/2021,
2. NDD41205 - Outpatient Dietetic Training II, SEM II 2019/2020,
3. NDD40404 - Community Dietetics Training, SEM I 2019/2020,
4. NDD41004 - Outpatient Dietetic Training I, SEM I 2019/2020,
5. NDN10302 - Developmental Psychology, SEM I 2019/2020,
6. NDD31606 - Research Project in Dietetics II, SEM II 2018/2019,
7. NDD31705 - Therapeutic Diet Preparation, SEM II 2018/2019,
8. NDD40504 - Dietetic Clinical Rotation 3 (surgical), SEM II 2018/2019,
9. NDD40903 - Dietetic Clinical Rotation 7 (critical Care), SEM II 2018/2019,
10. NDD31503 - Research Project in Dietetics I, SEM I 2018/2019,
11. HFS4404 - Community Nutrition and Training, SEM II 2013/2014,
12. HFS3193 - Medical Nutrition Therapy 1, SEM II 2012/2013,
13. HFS4393 - Therapeutic Diet Preparation, SEM II 2012/2013,
14. HFS4464 - Dietetic Clinical Training III, SEM II 2012/2013,
15. HFS3273 - Nutritional Status Assessment, SEM I 2012/2013,
16. HFS4313 - Medical Nutrition Therapy 2, SEM I 2012/2013,
17. HFS4416 - Research Project, SEM I 2012/2013,
18. HFS4424 - Dietetic Clinical Training 1, SEM I 2012/2013,

Training

Publication

Journal Article

1. Sodium Intake and Its Association with Knowledge, Attitudes and Practices Among Health Sciences Students in Universiti Sultan Zainal Abidin (unisza) (2020), Asian Journal of Medicine and Biomedicine, pp. 91-103, ISSN: 2600-8173 [*Indexed by: Other Index - Main Author*]
2. Effect of Various Dietary Pattern on Blood Pressure Management: a Review (2019), Malaysian Applied Biology, pp. 1-10, ISSN: 01268643 [*Indexed by: Scopus - Co-author*]
3. The Encouraging Factors of Breastfeeding Among Women Academicians in Malaysian Higher Education Institution of Kuala Terengganu, Malaysia (2015), The Social Sciences, pp. 298-305, ISSN: 1818-5800 [*Indexed by: Other Index - Co-author*]

Book

1. Garis Panduan Penyajian Hidangan Sihat Semasa Seminar (2020), Fakulti Sains Kesihatan

UniSZA, ISBN: 978-967-2231-684 - **Co-author**

2. Myhadim: Malaysian Healthy Ageing Diet Model (2020), Fakulti Sains Kesihatan UniSZA, ISBN: 9789672231394 - **Co-author**

Conference Proceedings

1. Pembelian Makanan Dalam Talian: Isu dan Cabaran Terhadap Keselamatan Makanan Sepanjang Pandemik Covid-19 (2020), Webinar Serantau Pandemik Covid-19, Webex Online - **Main Author**
2. Effect of Various Dietary Pattern on Blood Pressure Management: a Review (2019), The 1st Rmutt Food Innovation and Smart Farm, Rajamangala University of Technology Thanyaburi, Thailand - **Co-author**
3. The Association of Seasonal Vitamin D on Mood (2019), International Environment and Health Conference, Hotel Grand Riverview, Kota Bharu, Kelantan - **Main Author**

Research Grant

Principal Investigator

1. Nutritional Status in Association with The Cognitive Function and Quality of Life Among The Elderly in Rumah Ehsan, Dungun, Terengganu, Frgs, Government (2013), **Grant Value: RM10,000**

Co-Researcher

1. Factors Related with Mental Health, Nutritional Status and Quality of Life Among Elderly in Yogyakarta, Indonesia and Terengganu, Malaysia During The Covid-19 Pandemic, Geran Dalam Universiti, University (2021), Grant Value: **RM22,000**
2. Development and Feasibility of Nutrition Education and Promotion Strategies Among Household with Children Under Two Years at Risk for Stunting in Terengganu, Geran Agensi Luar, Government (2020), Grant Value: **RM200,000**
3. Elucidating The Iron Status, Hcpidin Level and Weight Loss Effect Among Overweight and Obese Young Malay Women with Iron Deficiency Anaemia, Geran Dalam Universiti, University (2020), Grant Value: **RM24,500**

Postgraduate Student

Main Supervision

1. [PhD] Laila Ruwaida Binti Mohd Zainuddin, Malaysia, - **Ongoing**

Co Supervision

1. [MASTER] Wan Ain Nadirah Binti Che Wan Mansor, Malaysia, - **Ongoing**

Awards

1. Silver Medal Mpi 2020 (2020), Malaysian Obesity Bank Towards Developing Holistic Anti Obese Nation Wide Strategy, Minggu Penyelidikan dan Inovasi - **Member**
2. Silver Medal Mpi 2020 (2020), Myhadim, Minggu Penyelidikan Inovasi - **Member**
3. Sijil Perkhidmatan Cemerlang (2019), Sijil Perkhidmatan Cemerlang, Majlis Anugerah Kecemerlangan Staf Unisza - **Leader**

Professional Membership

1. Member, Member - American Society for Nutrition, 2020-2021
2. Member, Member of Malaysian Dietitians' Association, 2019-2020

Academic Ecosystem

1. Expert/pakar Rujuk, Panel Tanyadoktor.com, 2020-2020
2. Reviewer, Reviewer for Advances in Nutrition (american Journal- Q1 Journal), 2020-2020
3. Speaker/trainer, Penceramah Nutrisi Bersempena Bulan Kesedaran Kesihatan, Klinik Keluarga Ilyana, 2020-2020
4. Participant, Peserta Program Kempen Bersih Pantai Peringkat Daerah Kuala Nerus, 2020-2020
5. Expert/pakar Rujuk, Khidmat Kepakaran - Projek Komuniti "health Awareness & Intervention Project", Laguna Redang Island Resort, 2019-2019
6. Committee, Petugas Booth Pameran Kerjaya Sempena Karnival Kerjaya Juruh U Daerah Kuala Nerus, 2019-2019
7. Reviewer, Reviewer - Advances in Nutrition (american Journal), 2019-2019