

## CURRICULUM VITAE



### Dr. Intan Suhana Munira Binti Mat Azmi

#### Senior Lecturer

Fakulti Perubatan, Kampus Perubatan, Universiti Sultan Zainal Abidin,  
Terengganu Darul Iman.

### Personal Information

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<b>Email :</b>	ismunira@unisza.edu.my
<b>Gender :</b>	Female
<b>D.O.B :</b>	15 December 1977
<b>Age :</b>	43
<b>Race :</b>	Malay
<b>Religion :</b>	Islam
<b>Current Scheme:</b>	DS51
<b>Started in UniSZA:</b>	01 August 2007
<b>Qualification :</b>	<p>Ijazah Doktor Falsafah Dalam Bidang Kesihatan Awam, <i>University Of Birmingham, Birmingham, Uk</i>, 2019.</p> <p>Sarjana Kesihatan Awam Pergigian, <i>Universiti Sains Malaysia</i>, 2011.</p> <p>Ijazah Sarjana Muda Pergigian, <i>Universiti Kebangsaan Malaysia, Bangi</i>, 2003.</p> <p>Sijil Pelajaran Malaysia, <i>Sekolah Menengah Bantuan Penuh Kerajaan</i>, 1994.</p>
<b>H-Index :</b>	[Scopus: ][Google Scholar: ]

### Area of Research

Dental Practice Management, Community Dentistry, Public Health, Sedentary Behaviour, Public Health Psychology, Health Promotion

## Work Experience

Dentist (2003-2007)

## Teaching

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1. HMS2042 - Principle of Basic Management, SEM I 2012/2013,
2. HBS1023 - Anatomy & Physiology 2, SEM II 2011/2012,

## Training

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## Publication

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### Journal Article

1. Preventive Practice on Secondhand Smoke and Its Associated Factors Among Adults in a Suburban Community in Kuala Terengganu (2020), Malaysian Journal of Public Health Medicine, pp. 55-63, ISSN: 16750306 [*Indexed by: Scopus - Co-author*]
2. Bluish Swelling on The Floor of The Mouth (2020), Malaysian Family Physician, pp. 64-67, ISSN: 1985207X [*Indexed by: Scopus - Co-author*]
3. Inflammation of The Gums (2020), Malaysian Family Physician, pp. 71-73, ISSN: 1985207X [*Indexed by: Scopus - Main Author*]
4. Depression Among Older Adults in Malaysian Daycare Centres (2020), British Journal of Community Nursing, pp. 84-90, ISSN: 14624753 [*Indexed by: Scopus - Co-author*]
5. Demographic Study of Brain Tumour in a Neurosurgical Department in Terengganu, Malaysia (2020), Medical Journal of Malaysia, pp. 705-709, ISSN: 0300-5283 [*Indexed by: Other Index - Co-author*]
6. Bacterial Pneumonia Co-Infection in Covid-19 Patients (2020), Asian Journal of Medicine and Biomedicine, pp. 47-52, ISSN: 2600-8173 [*Indexed by: Other Index - Co-author*]
7. Potential Effects of Duku (*Iansium Domesticum* Corr) and Langsat (*Iansium Domesticum* Jack) Extracts on The Growth of Bifidobacteria Spp (2016), International Journal of Pharmacy and Pharmaceutical Sciences, pp. 69-74, ISSN: 09751491 [*Indexed by: Scopus - Co-author*]
8. Nutritional Status and Quality of Life During Ramadan Among Higher Institution Learning Centre Staffs with Different Body Weight Status (2014), World Journal of Pharmaceutical Research, pp. 1-13., ISSN: 2277 – 7105 [*Indexed by: Other Index - Co-author*]
9. Cardiovascular and Blood Glucose Adaptation During Ramadan Fasting Among Different Weight Status Subjects (2014), Annual Research & Review in Biology, pp. 771-3779, ISSN: 2347-565X [*Indexed by: Other Index - Co-author*]

10. Study on Ramadan Fasting Towards Lipid Profiles and Total Antioxidant Status (tas) Among Higher Ins Titution Learning Centre Staffs (2014), World Journal of Pharmaceutical Research, pp. , ISSN: 2277-7105 [*Indexed by: Other Index - Co-author*]
11. Nutritional Status and Quality of Life During Ramadan Among Higher Instituti on Learning Centre Staffs with Different Body Weight Status . (2014), World Journal of Pharmaceuticals Research, pp. , ISSN: 2277-7105 [*Indexed by: Other Index - Co-author*]

### **Conference Proceedings**

1. Prompted Workplace Stair Climbing and Effects on Glucose and Lipoprotein Profiles: a Feasibility Study (2020), International E-Conference Sport Science, Physical Education & Health (icsspeh) 2020, Online - **Main Author**

### **Other Publication**

1. [Artikel Dalam Media Massa/majalah] Program Hidup Sihat Tanpa Asap Rokok (2018), Buletin Unisza, pp. 62-63, ISBN/ISSN: - - **Main Author**

### **Research Grant**

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#### **Co-Researcher**

1. The Development of Quranic Ruqyah Kit and Its Efficacy to Alleviate Depression Among Elderly Malay-Muslims in Terengganu, Geran Dalaman Universiti, University (2017), Grant Value: **RM20,000**
2. Functional Properties of Freeze Dried Duku (lansium Domesticum Corr) and Langsung (lansium Domesticum Jack) Extracts on The Growth of Probiotic Bacteria (bifidobacteria Spp), Rags, Government (2012), Grant Value: **RM71,000**

### **Postgraduate Student**

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#### **Main Supervision**

1. [PhD ] Hanum Rina, Indonesia, - **Ongoing**

#### **Co Supervision**

1. [PhD ] Al Zaareer Majed Saad Ali, Jordan, - **Ongoing**

## Awards

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1. Gold Medal Mpi 2019 (2019), Ergofit, Mpi 2019 - **Leader**

## Intellectual Property

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1. Ergofit : Mobile Apps (Iy2019002527) (2019), Copyright - **Owner**

## Academic Ecosystem

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1. Consultancy/perundingan, Perunding/konsultan Kesihatan Awam Pergigian, Klinik Pergigian Alamanda, 2019-2021
2. Participant, Peserta Projek Pemindahan Ilmu: Perubatan Tradisional dan Penjagaan Kesihatan (fasa 1: Urutan Tradisional), 2020-2020
3. Reviewer, Reviewer - Journal of Public Health, 2020-2020
4. Participant, Participant - Alumni University of Birmingham, Uk, 2020-2020
5. Committee, Naib Pengerusi Taska Permata Keluarga Utc, 2019-2019
6. Member, Ahli Dpims, 2019-2019
7. Committee, Projek Intervensi Komuniti: Hidup Bebas Asap Rokok (auditorium Perpustakaan, Unisza), 2018-2018
8. Participant, Peserta Program Masyarakat Sejahtera Tanpa Asap Rokok 2018 di Pantai Batu Buruk, 2018-2018
9. Committee, Projek Intervensi Komuniti: Hidup Sihat Tanpa Asap Rokok (kampung Gong Baru), 2018-2018
10. Committee, Naib Pengerusi Kelab Keluarga Taska Permata Utc, 2018-2018
11. Participant, Penyertaan Dalam Pameran Hari Kanser Sedunia Negeri Terengganu, 2018-2018

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