

CURRICULUM VITAE

Karimah Fakhriah Binti Ismail

Lecturer

Fakulti Sains Kesihatan, Kampus Gong Badak, Universiti Sultan Zainal Abidin, Terengganu Darul Iman.

Personal Information

Email : karimahismail@unisza.edu.my
Gender : Female
D.O.B : 06 July 1987
Age : 34
Race : Malay
Religion : Islam
Current Scheme: DS45
Started in UniSZA: 17 February 2014
Qualification : Master of Human Nutrition (clinical Nutri), *University Of Glasgow*, 2013.

Ijazah Sarjana Muda Dietetik, *Universiti Islam Antarabangsa*, 2011.

Sijil Pelajaran Malaysia, *Sekolah Menengah Bantuan Penuh Kerajaan*, 2004.

H-Index : [Scopus: 0][Google Scholar: 1]

Area of Research

Nutrition, Nutrient Requirement, Special needs children

Work Experience

Dietitian, Kuala Terengganu Specialist Hospital (2012-2013)

Teaching

1. NDD41305 - Inpatient Dietetic Training II, SEM II 2019/2020,

2. NDD31304 - Nutrition Education and Promotion for Patients, SEM I 2019/2020,
3. NDD41104 - Inpatient Dietetic Training I, SEM I 2019/2020,
4. NDD31202 - Healthcare Management, SEM II 2018/2019,
5. NDD40603 - Dietetic Clinical Rotation 4 (paediatric), SEM II 2018/2019,
6. NDD20703 - Intermediate Medical Nutrition Therapy, SEM I 2018/2019,
7. NDD40104 - Dietetic Clinical Rotation 1 (general Medicine), SEM I 2018/2019,
8. NDD40404 - Community Dietetics Training, SEM I 2018/2019,
9. NDD40304 - Hospital Food Service Placement, SEM PENDEK 2018/2019,
10. HFS4633 - Dietetic Clinical Rotation 4, SEM II 2017/2018,
11. NDD30903 - Therapeutic Diet Preparation, SEM II 2017/2018,
12. NDD31102 - Seminar in Dietetics, SEM II 2017/2018,
13. NDN20402 - Nutrigenomics, SEM II 2017/2018,
14. HFS4604 - Dietetic Clinical Rotation 1, SEM I 2017/2018,
15. HFS4734 - Community Dietetics Training, SEM I 2017/2018,
16. HFS4744 - Hospital Food Service Placement, SEM I 2017/2018,
17. NDD30103 - Advanced Medical Nutrition Therapy, SEM I 2017/2018,
18. NDD20103 - Nutritional Status Assessment, SEM I 2016/2017,
19. HFS3162 - Pharmacology, SEM II 2015/2016,
20. HFS3553 - Basic Medical Nutrition Therapy, SEM II 2015/2016,
21. HFS4474 - Dietetic Clinical Training IV, SEM II 2015/2016,
22. HFS3273 - Nutritional Status Assessment, SEM I 2015/2016,
23. HFS4434 - Dietetic Clinical Training II, SEM I 2015/2016,
24. HFS4393 - Therapeutic Diet Preparation, SEM II 2014/2015,
25. HFS4484 - Dietetic Clinical Training V, SEM II 2014/2015,
26. HFS4444 - Food Service & Dietetic Unit Placement, SEM I 2014/2015,
27. HFS3063 - Epidemiology and Community Health, SEM II 2013/2014,
28. HFS3183 - Developmental Psychology, SEM II 2013/2014,
29. HFS4302 - Nutrition & Dietetic Seminar, SEM II 2013/2014,

Training

1. 24th Malaysian Dietitians' Association National Conference 2018, 25 Jun 2018 - 26 Jun 2018, Hotel Pullman Bangsar, Kuala Lumpur

Conferences Attended

1. 24TH MALAYSIAN DIETITIANS' ASSOCIATION NATIONAL CONFERENCE 2018, HOTEL PULLMAN, BANGSAR, KUALA LUMPUR, MALAYSIA (25 Jun 2018 - 26 Jun 2018)
2. 24TH MALAYSIAN DIETITIANS' ASSOCIATION NATIONAL CONFERENCE 2018, HOTEL PULLMAN, BANGSAR, KUALA LUMPUR, MALAYSIA (25 Jun 2018 - 26 Jun 2018)
3. 24TH MALAYSIAN DIETITIANS' ASSOCIATION NATIONAL CONFERENCE 2018, HOTEL PULLMAN, BANGSAR, KUALA LUMPUR, MALAYSIA (25 Jun 2018 - 26 Jun 2018)
4. 24TH MALAYSIAN DIETITIANS' ASSOCIATION NATIONAL CONFERENCE 2018, HOTEL

PULLMAN, BANGSAR, KUALA LUMPUR, MALAYSIA (25 Jun 2018 - 26 Jun 2018)

Publication

Journal Article

1. Association Between Body Weight Status and Nutritional Problems Among Cerebral Palsy Children in Community-Based Rehabilitation Centres, Terengganu (2020), The Asian Journal of Medicine and Biomedicine (ajmb), pp. 104–113, ISSN: 2600-8173 [*Indexed by: Other Index - Main Author*]
2. Physical Activity Level Among Undergraduate Students in Terengganu, Malaysia Using Pedometer (2018), Journal of Fundamental and Applied Sciences, pp. 512-522, ISSN: 1112-9867 [*Indexed by: Other Index - Co-author*]
3. Association Between Serum 25-Hydroxyvitamin D Level and Anthropometric Indices Among Institutionalized Elderly People in Kelantan, Malaysia (2017), Journal of Fundamental and Applied Sciences, pp. 121-136, ISSN: 1112-9867 [*Indexed by: ISI - Co-author*]
4. Association Between Physical Activity and Health-Related Quality of Life in Children: a Cross-Sectional Study (2016), Health and Quality of Life Outcomes, pp. 71-72, ISSN: 14777525 [*Indexed by: ISIQ2 - Co-author*]

Book

1. Garis Panduan Penyajian Hidangan Sihat Semasa Seminar (2020), Fakulti Sains Kesihatan UniSZA, ISBN: 978-967-2231-684 - **Co-author**
2. Quick Reference to Dietetic Practice (2018), Penerbit UniSZA, ISBN: 9789670899862 - **Co-author**
3. Clinical Dietetics Handbook and Formulary (2017), FAKULTI SAINS KESIHATAN, ISBN: 978-967-13705-9-9 - **Co-author**

Conference Proceedings

1. Pembelian Makanan Dalam Talian: Isu dan Cabaran Terhadap Keselamatan Makanan Sepanjang Pandemik Covid-19 (2020), Webinar Serantau Pandemik Covid-19, Webex Online - **Co-author**
2. Factors Associated with Quality of Life Among Caregivers of Special Needs Children in Terengganu, Malaysia (2019), 2nd Borneo Quality of Life Conference 2019, Universiti Malaysia Sabah - **Main Author**
3. Association Between Stress, Physical Activity and Body Composition Among Adults in Terengganu (2018), Malaysian Dietitian Associations' National Conference 2018, Hotel Pullman Bangsar, Kuala Lumpur - **Co-author**
4. Association Between Stress, Body Weight Status and Metabolic Syndrome Among Adult Population in Terengganu (2018), Malaysian Dietitian Associations' National Conference 2018, Hotel Pullman Bangsar, Kuala Lumpur - **Co-author**
5. Stress and Metabolic Syndrome Among Adults in Terengganu (2018), 33rd Scientific

- Conference of The Nutrition Society of Malaysia, Hotel Istana, Kuala Lumpur - **Co-author**
6. Determination of Physical Activity Level in Undergraduate Unisza Students Using Pedometer and Ipaq (2017), International Conference on Environmental, Sports & Recreation and Technology & Applications for Disaster Management International Conference 2017 (icesr & Tadmik 2017), 1m4u Survival Camp, Merang, Setiu, Terengganu, Malaysia. - **Co-author**
 7. Physical Activity Level Among Undergraduate Students in Terengganu, Malaysia Using Pedometer (2017), International Conference on Environmental, Sports & Recreation and Technology & Applications for Disaster Management International Conference 2017 (icesr & Tadmik 2017), 1m4u Survival Camp, Merang, Setiu, Terengganu, Malaysia - **Co-author**
 8. Association Between Stress and Dietary Intake Among Adult Population in Kuala Terengganu (2017), Health Sciences Symposium 2017 (hss 2017), Universiti Sains Malaysia, Kota Bharu, Kelantan, Malaysia - **Main Author**

Research Grant

Principal Investigator

1. Development of a Nutritional Module Based on Genetic Profile for Children with Neurodevelopmental Disabilities (cwnd) Attending Community-Based Rehabilitation Centres in Terengganu, Geran Dalam Universiti, University (2017), **Grant Value: RM20,000**
2. Effects of Three Weight Reducing Diet on Weight Loss, Resting Metabolic Rate, Attrition Rates and Quality of Life, Geran Dalam Universiti, University (2015), **Grant Value: RM20,000**

Co-Researcher

1. Development and Feasibility of Nutrition Education and Promotion Strategies Among Household with Children Under Two Years at Risk for Stunting in Terengganu, Geran Agensi Luar, Government (2020), Grant Value: **RM200,000**
2. Dietary Pattern and Its Association with Serum Leptin Concentration Among Breast Cancer Survivors, Geran Dalam Universiti, University (2015), Grant Value: **RM20,000**
3. Effects of Three Different Weight Reducing Diets on Weight Management, Cardiovascular Disease Risk Factors, and Leptin Gene Polymorphisms, Dana Pembudayaan Penyelidikan - Rags, Government (2014), Grant Value: **RM75,000**
4. Objectively Measured Physical Activity, Adiponectin and Its Association with Quality of Life Among Breast Cancer Survivors, Dana Pembudayaan Penyelidikan - Rags, Government (2014), Grant Value: **RM70,000**

Postgraduate Student

Awards

1. Gold Medal Mpi 2021 (2021), Diabetes Escape, Mpi 2021 - **Member**
2. Silver Medal Mpi 2019 (2019), Healthy Rice Bowl for Better Diabetes Control and Obesity Reduction, Minggu Penyelidikan dan Inovasi 2019 - **Member**
3. Anugerah Perkhidmatan Cemerlang 2018 (2019), Perkhidmatan Cemerlang, Majlis Anugerah Kecemerlangan Staf Unisza - **Leader**
4. Anugerah Royalti Buku Tertinggi Unisza 2018 (2019), Buku Quick Reference to Dietetic Practice, Majlis Anugerah Kecemerlangan Staf Unisza - **Leader**

Professional Membership

1. Member, Member of Malaysian Dietitians' Association, 2018-2019

Academic Ecosystem

1. Member, Ahli Persatuan Suri dan Anggota Perkhidmatan Awam Malaysia Cawangan Daerah Kuala Nerus, Terengganu (puspanita), 2017-2030
2. Committee, Ajk Puspanita Cawangan Daerah Kuala Nerus 2019-2021, 2019-2021
3. Expert/pakar Rujuk, Panel Tanyadoktor.com, 2020-2020
4. Participant, Peserta Program Gotong-Royong Perdana Jom Bersih di Pulau Bidong, 2020-2020
5. Participant, Peserta Program Kempen Bersih Pantai Peringkat Daerah Kuala Nerus, 2020-2020
6. Expert/pakar Rujuk, Khidmat Kepakaran - Projek Komuniti "health Awareness & Intervention Project", Laguna Redang Island Resort, 2019-2019
7. Speaker/trainer, Penceramah Taklimat Pemakanan dan Dietetik Hari Integriti Cidb Terengganu, 2019-2019
8. Committee, Petugas Booth Pameran Kerjaya Sempena Karnival Kerjaya Juruh U Daerah Kuala Nerus, 2019-2019
9. Committee, Ajk Fsk Run 2018, 2018-2018
10. Reviewer, Reviewer for Malaysian Journal of Nutrition, 2018-2018
11. Committee, Dietition for Program Friends with Special Needs and Community Event, 2018-2018
12. Committee, Sekretariat, 2016-2016