

CURRICULUM VITAE



Dr. Nurulhuda Binti Mat Hassan

Senior Lecturer

Fakulti Perubatan, Kampus Perubatan, Universiti Sultan Zainal Abidin,
Terengganu Darul Iman.

Personal Information

Email :	nurulhudamh@unisza.edu.my
Gender :	Female
D.O.B :	18 December 1982
Age :	38
Race :	Malay
Religion :	Islam
Current Scheme:	DU54
Started in UniSZA:	10 October 2015
Qualification :	Ijazah Sarjana Perubatan Keluarga, <i>Universiti Sains Malaysia</i> , 2015. Mbbs, <i>Universiti Islam Antarabangsa</i> , 2007. Sijil Pelajaran Malaysia, <i>Sekolah Menengah Bantuan Penuh Kerajaan</i> , 1999.
H-Index :	[Scopus: 1][Google Scholar: 4]

Area of Research

Addiction , Cardiovascular, Adolescent

Work Experience

KKM 2007-2015

UniSZA- 2015-now

Training

1. Questionnaires Validation Workshop, 01 Mar 2018 - 02 Mar 2018, Kuliyyah of Medicine, International Islamic University Malaysia
2. 3rd Amdi International Biohealth Sciences Conferences 2018, 18 Jan 2018 - 20 Jan 2018, Kuching, Sarawak

Conferences Attended

1. World Congress on Integration and Islamicisation 2020, Kuantan, Pahang, Malaysia, MALAYSIA (26 Mar 2020 - 26 Jan 2020)
2. ASIA PACIFIC SOCIETY OF ALCOHOL AND ADDICTION RESEARCH 2019 CONFERENCE (APSAAR 2019), Bangi, Malaysia, MALAYSIA (27 Nov 2019 - 29 Nov 2019)
3. 3rd World Conference on Personality, Hanoi, VIETNAM (03 Apr 2019 - 06 Apr 2019)
4. 1st UniSZA INTERNATIONAL COMMUNITY HEALTH CONFERENCE, Universiti Sultan Zainal Abidin, MALAYSIA (08 Oct 2017 - 09 Oct 2017)

Publication

Journal Article

1. Disordered Eating Behaviour Among School-Going Adolescents: Prevalence and Associated Factors (2020), International Journal of Academic Research in Progressive Education and Development, pp. 193–207, ISSN: 2226-6348 [*Indexed by: ERA - **Main Author***]
2. Sociodemographic, Psychological and Adolescent– Related Factors Associated with Alcohol Consumption Among School-Going Adolescents (2020), Asian Journal of Pharmaceutical Research and Health Care, pp. 1-9, ISSN: 2250-1460 [*Indexed by: Other Index - **Main Author***]
3. Clustering of Lifestyle Cardiovascular Risk Factors Among Healthy Government Servants in Kuala Terengganu: Who and What to Target. (2020), Asian Journal of Medicine and Biomedicine,, pp. 53-60, ISSN: 2600-8173 [*Indexed by: Other Index - **Main Author***]
4. Academic Factors Associated with Burnout in Malaysian Medical Students: a Cross-Sectional Study (2020), Education in Medicine Journal, pp. 49-58, ISSN: 2180-1932 [*Indexed by: Other Index - **Co-author***]
5. Covid-19: Pengajaran dan Pembelajaran Sewaktu Krisis Pandemik (2020), Jurnal Refleksi Kepemimpinan, pp. 96-105, ISSN: 2636-9885 [*Indexed by: Other Index - **Co-author***]
6. Determinants of Health-Related Quality of Life in Patients with Knee and Hip Osteoarthritis Under Rehabilitation Care (2020), Asian Journal of Pharmaceutical Research and Health

- Care, pp. 4-11, ISSN: 2250-1444 [*Indexed by: ISI - Co-author*]
7. Association of Prosocial Behavior with Ever Smoking and Alcohol Drinking Among School-Going Adolescents (2020), *Heliyon*, pp. 1-2, ISSN: 24058440 [*Indexed by: ISI - Main Author*]
 8. Associated Factors of Latent Tuberculosis Among Diabetics in Urban Health Clinics (2019), *Indian Journal of Public Health Research and Development*, pp. 859-866, ISSN: 859-866 [*Indexed by: Scopus - Co-author*]
 9. Validation of The Malay Version of The Self-Rated Strength and Difficulties (sdq) Questionnaire (2019), *International Journal of Academic Research in Business and Social Sciences*, pp. 358 - 373, ISSN: 2222-6990 [*Indexed by: ERA - Main Author*]
 10. Prevalence, Risk Factors and Primary Prevention of Osteoarthritis in Asia: a Scoping Review (2019), *Elderly Health Journal*, pp. 19-31, ISSN: 2423-617 [*Indexed by: Other Index - Co-author*]
 11. Associated Factors for Relapse in Opioid Addicts Undergoing Therapy (2018), *Research Journal of Pharmacy and Technology*, pp. 2724-2728, ISSN: 0974-3618 [*Indexed by: Scopus - Main Author*]
 12. Analyzing The Relevance of Needle Exchange Programme in The Advent of Methadone Maintenance Therapy (2018), *International Journal of Current Research*, pp. 75708-75710, ISSN: 0975-833X [*Indexed by: Other Index - Main Author*]
 13. Improvement of Awareness and Knowledge in Breast Cancer Using Online Learning (2018), *Asian Journal of Medicine and Biomedicine*, pp. 50-54, ISSN: 2600-8173 [*Indexed by: Other Index - Main Author*]
 14. Breast Cancer Knowledge Among Nursing Students in Public University (2018), *Malaysian Journal of Nursing*, pp. 1-5, ISSN: 2231-7007 [*Indexed by: Other Index - Co-author*]
 15. Spiritual Influence Towards Relapse in Opioid Addicts in Therapy (2018), *International Medical Journal Malaysia*, pp. 71-74, ISSN: 1823-4631 [*Indexed by: ISI - Main Author*]
 16. Enhancing Reflective Writing Through E-Learning in Undergraduate Medical Education (2017), *International Journal of Academic Research in Progressive Education and Development*, pp. 196-203, ISSN: 2226-6348 [*Indexed by: ERA - Main Author*]
 17. 'observed Consultation' as a Teaching and Assessment Method for Family Medicine Rotation in Undergraduate Medical Programme (mbbs) in Universiti Sultan Zainal Abidin, Terengganu, Malaysia (2017), *International Journal of Academic Research in Progressive Education and Development*, pp. 189-195, ISSN: 2226-6348 [*Indexed by: ERA - Co-author*]
 18. Correlation Between Continuous Assessment Performance and End of Posting Performance: The Importance of Appropriate Rubric in Continuous Assessment (2017), *Research Journal of Pharmacy and Technology*, pp. 47-48, ISSN: 0974-3618 [*Indexed by: Other Index - Co-author*]
 19. Associated Factors Affecting The Quality of Life of Opioid Addicts in Kuala Nerus, Terengganu (2017), *Research Journal of Pharmacy and Technology*, pp. 7-8, ISSN: 0974-3618 [*Indexed by: Other Index - Main Author*]
 20. Breast Cancer Screening Knowledge and Practices Among Nursing Students in Kuala Terengganu. (2017), *Malaysian Journal of Nursing*, pp. 52-52, ISSN: 0974-3618 [*Indexed by: Other Index - Co-author*]
 21. Cardiovascular Lifestyle Risks and Cardiovascular Screening Activities Among Healthy Government Servants in Kuala Terengganu, Malaysia (2016), *Malaysian Journal of Public Health Medicine*, pp. 1-7, ISSN: 16750306 [*Indexed by: Scopus - Main Author*]

Conference Proceedings

1. Augmented Reality in Medical Education: Faculty of Medicine Unisza Experiences (2020),

- Teaching Enhancement and Learning Innovation Carnival 2020 (telic'20), Google Meet - **Co-author**
2. Prevalence of Eating Disorder Risk and Its Associated Factors Among High School Adolescents in Terengganu, Malaysia (2019), Nsm 34th Scientific Conference, Hotel Istana, Kuala Lumpur - **Main Author**
 3. Effectiveness of an Online Preparatory Quiz in Enhancing Basic Clinical Skills in an Introductory Clinical Skills Course (2019), International Conference in Health Sciences, Puwokerto, Indonesia - **Main Author**
 4. Improvement of Awareness and Knowledge in Colorectal Cancer and Its Screening Using Online Learning (2019), Japan Digestive Disease Week 2019, Kobe, Japan - **Main Author**
 5. Associated Factors for Hepatitis C in Opioid Addicts Attending Therapy (2019), Japan Digestive Disease Week 2019, Kobe, Japan - **Main Author**
 6. A Novel Diabetes Prevention Intervention Using a Mobile App Among Overweight Adults: preliminary Findings (2019), Maso Conference on Obesity 2019, Istana Hotel, Kuala Lumpur - **Co-author**
 7. Association of Prosocial Behaviour with Smoking and Alcohol-Taking Among School-Going Adolescents (2019), 3rd World Conference on Personality (wapp 2019), Hanoi, Vietnam - **Main Author**
 8. The Use of E-Learning to Facilitate Students in Teaching and Learning Activities in Universiti Sultan Zainal Abidin (unisza), Terengganu, Malaysia (2018), 13th International Medical Education Conference (imec-2018), International Medical University, Kuala Lumpur - **Co-author**
 9. Students Feedback on The New Task-Based Logbook Used in Family Medicine Posting in Universiti Sultan Zainal Abidin, Terengganu, Malaysia (2018), 13th International Medical Education Conference (imec-2018), International Medical University, Kuala Lumpur - **Co-author**
 10. Goscreen: Application to Help Medical Students Learn The Practical of Health Screening (2018), Unisza Carnival on E-Learning 2018 (unicel 2018), Universiti Sultan Zainal Abidin (unisza) Gong Badak Campus 21300 Kuala Neru - **Co-author**
 11. Health Promotion Project: Its Role in Developing Medical Students' Soft Skills (2018), 13th International Medical Education Conference (imec-2018), International Medical University, Kuala Lumpur - **Co-author**
 12. Anatomy Quiz: What Fun! (2018), Karnival E-Pembelajaran Unisza (unicel), Unisza - **Co-author**
 13. Is Needle Exchange Programme Still Relevant in The Advent of Methadone Maintenance Therapy? (2018), 3rd Amdi International Biohealth Sciences Conferences 2018, Riverside Majestic Hotel Kuching, Sarawak, Malaysia - **Main Author**
 14. B-Cakna: Cancer Education for Timely Screening & Prevention of Breast Cancer. (2018), International University Carnival on E-Learning (iucel) 2018, Iium Gombak - **Main Author**
 15. Enhancing Reflective Writing Through E-Learning in Undergraduate Medical Education (2017), E Learning Carnival 2017, Universiti Teknikal Malaysia, Melaka - **Main Author**
 16. Correlation Between Continuous Assessment and End of Posting Performance: The Importance of Assessment Methods and Rubrics (2017), 1st International Community Health Conference 2017, Faculty of Medicine, Universiti Sultan Zainal Abidin, Terengganu - **Co-author**
 17. Associated Factors Affecting The Quality of Life of Opioid Addicts Enrolling in Methadone Clinics in Kuala Neru, Terengganu. (2017), 1st International Community Health Conference 2017, Faculty of Medicine, Universiti Sultan Zainal Abidin, Terengganu - **Main Author**
 18. Utilization of E-Learning to Enhance Experiential Learning Through Reflective Writing in

- Undergraduate Medical Education. (2017), Karnival E-Pembelajaran Unisza (unicel) 2017, Universiti Sultan Zainal Abidin - **Main Author**
19. 'observed Consultation' as a Teaching and Assessment Method for Family Medicine Rotation in Undergraduate Medical Programme (mbbs) in Universiti Sultan Zainal Abidin, Terengganu, Malaysia (2017), International Conference on Teaching and Learning in Higher Education, Universiti Malaysia Terengganu - **Co-author**
 20. Spiritual Influence Towards Relapse in Opioid Addicts in Therapy (2016), 2nd World Congress on Integration and Islamicisation: Focus on Medical and Healthcare Science (2wcii 2016), Spiritual Influence Towards Relapse in Opioid Addicts in Therapy Kuanatan, - **Main Author**

Research Grant

Principal Investigator

1. Exploring Medical Intern Resilience, Preparedness and Coping Skills with Relations to Intern Performance in a Digital Era in Malaysia., Geran Agensi Luar, Government (2019), **Grant Value: RM35,000**
2. Substance Abuse Among Adolescents in Malaysia: Developing a Comprehensive At-Risk Adolescent Screening Tool for Primary Prevention, Geran Dalam Universiti, University (2017), **Grant Value: RM55,000**
3. Factors Associated with Re-Injecting Behavior and Non-Compliance Among Methadone Maintenance Therapy Clients in Kuala Terengganu, Geran Dalam Universiti, University (2016), **Grant Value: RM6,000**

Co-Researcher

1. Overcoming The Effect of Drug Addiction, Geran Agensi Luar, External - Government (2019), Grant Value: **RM460,000**
2. Phenolic Profiles and Antinociceptive Properties of Propolis Extracts from Malaysian Stingless Bee (trigona Species), Skim Geran Penyelidikan Fundamental - Frgs, Government (2019), Grant Value: **RM139,200**
3. Health Seeking Behavior and Its Associated Factors Among Chronic Pain Patients in Terengganu, Geran Dalam Universiti, University (2019), Grant Value: **RM15,000**
4. A Prospective Study on Latent Tuberculosis Infection (Itbi) Among Diabetes Patients in State of Terengganu (prolaten -2), Geran Agensi Luar, Government (2015), Grant Value: **RM63,964**

Postgraduate Student

Main Supervision

1. [MASTER] Nizatul Nurain Binti Mazubir, Malaysia, - **Ongoing**

Co Supervision

1. [PhD] Safitri Mey Elisa, Indonesia, - **Ongoing**
2. [PhD] Nurul Fatihah Binti Mohd Fauzi, Malaysia, - **Ongoing**
3. [MASTER] Ong Yu Xuan, Malaysia, - **Ongoing**
4. [MASTER] Nur Aimi Asyrani Binti Zamri, Malaysia, - **Completed**
5. [MASTER] Nur Fatini Binti Husain, Malaysia, - **Completed**

Awards

1. Gold Medal Telic 2020 (2020), Augmented Reality in Medical Education: Faculty of Medicine Unisza Experiences, Teaching Enhancement & Learning Innovation Carnival 2020 (telic'20), Universiti Malaysia Kelantan (umk) - **Member**
2. Bronze Medal Mpi 2020 (2020), Ar Clinical Skill Lab, Minggu Penyelidikan & Inovasi 2020 - **Member**
3. Gold Medal Mpi 2019 (2019), Embracing Industrial Revolution 4.0 with Low-Cost, Extremely Efficient and Highly Advance Digitalized Assessment System., Mpi 2019 - **Member**
4. Gold Medal Unicel 2019 (2019), Embracing Industrial Revolution 4.0 with Low-Cost, Extremely Efficient and Highly Advance Digitalized Assessment System., Unicel 2019 - **Member**
5. Silver Medal Unicel 2019 (2019), B-Cakna 2.0: Breast Cancer Colorectal Cancer Knowledge App and Web, Unisza Carnival on E-Learning 2019 - **Leader**
6. Gold Medal Unicel 2019 (2019), Ab-Ubah Helping Lose Bad Habits and Addiction, Unisza Carnival on E-Learning 2019 - **Leader**
7. Bronze Medal Mpi 2019 (2019), Radiology: a Fun Subject to Explore, Mpi 2019 - **Member**
8. Silver Medal Mpi 2018 (2018), Goscreen, Mpi 2018 - **Member**
9. Silver Medal Mpi 2018 (2018), Brut, Mpi 2018 - **Leader**
10. Bronze Medal Mpi 2018 (2018), Betimely, Mpi 2018 - **Leader**
11. Bronze Medal Unicel 2018 (2018), Anatomy Quiz App, Unisza Carnival on E-Learning 2018 (unicel 2018) - **Member**
12. Gold Medal Unicel 2018 (2018), B-Cakna, Unisza Carnival on E-Learning 2018 (unicel 2018) - **Leader**

Intellectual Property

1. Ar Clinical Skill Lab Unisza (ly2020002461) (2020), Copyright - **Co-owner**
2. Ab-Ubah (ly2020002456) (2020), Copyright - **Owner**
3. X-Das : Digitized Assessment System (ly2019002693) (2019), Copyright - **Co-owner**
4. Radiology: a Fun Subject to Explore (ly2019002522) (2019), Copyright - **Co-owner**
5. B-Cakna (2018), Copyright - **Owner**

Professional Membership

1. Member, Ahli Seumur Hidup Diabetes Malaysia, 2019-2030
2. Member, Member of National Specialist Register, 2016-2017

Academic Ecosystem

1. Member, Owlypia Ambassador, 2020-2021
2. Consultancy/perundingan, Pakar Perunding Perubatan Fp, Klinik Pakar Unisza, 2020-2020
3. Expert/pakar Rujuk, Pakar Bidang Bagi Pengesahan Instrumen (nur Syakilah), Unisza, 2020-2020
4. Expert/pakar Rujuk, Panel Tanyadoktor.com, 2020-2020
5. Reviewer, Reviewer for Malaysian Family Physician Journal, 2019-2019
6. Committee, Penasihat Kempen Kesedaran Kanser Kolorektum, Klinik Kesihatan Seberang Takir, 2019-2019
7. Committee, Penasihat Kempen Cegah Penyakit Melalui Imunisasi, Klinik Kesihatan Seberang Takir, 2019-2019
8. Consultancy/perundingan, Consultant in Umc, 2017-2018
9. Consultancy/perundingan, Pakar Perunding Pemeriksaan Kesihatan Sempena Program Intervensi Komuniti: Hidup Bebas Asap Rokok (auditorium Perpustakaan, Unisza), 2018-2018
10. Committee, Projek Intervensi Komuniti: Hidup Bebas Asap Rokok (auditorium Perpustakaan, Unisza), 2018-2018
11. Committee, Ahli Jawatankuasa Penganjuran 7th East Coast Neuroradiology & Interventional Radiology Symposium (7th Ecsnir), 2018-2018
12. Committee, Appointment as a Session Chair/co Chair/time Keeper in The Uicid, 2018-2018
13. Committee, Pengerusi Majlis 7th East Coast Neuroradiology & Interventional Radiology Symposium (7th Ecsnir), 2018-2018
14. Committee, Ahli Jawatankuasa Pelaksana International Conference on Infectious Diseases (uicid) 2018, 2018-2018

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